



NPC WORLDWIDE MS & MR POLAND NATURAL REGIONAL

October 3, 2026

FINAL PLACINGS



Men's Bodybuilding - Teenage		
Placing	Competitor #	Name
1	2	Nikodem Pawlik-Gregula
2	1	Dawid Kocioll
3	3	Fabian Ramotowski

Men's Bodybuilding - Junior		
Placing	Competitor #	Name
1	11	Elias Mleczo
2	14	Jaroslav Starszak
3	15	Rafal Stawicki
4	12	Karol Ploskonka
5	10	Jakub Krawiec
6	5	Antoni Godfrejow
7	18	Patryk Walachowski
8	6	Michal Jarosz
9	7	Jakub Jedynak
10	16	Witold Switon
11	8	Klaudiusz Jelonek
12	4	Maciej Florczak
13	13	Mateusz Roguszka
14	17	Mikolaj Szymanski

Men's Bodybuilding - Masters 35+		
Placing	Competitor #	Name
1	19	Waldemar Rzeszewski

Men's Bodybuilding - True Novice Lightweight		
Placing	Competitor #	Name
1	22	Kamil Madej
2	5	Antoni Godfrejow
3	25	Szymon Wasiak
4	6	Michal Jarosz
5	18	Patryk Walachowski
6	2	Nikodem Pawlik-Gregula
7	16	Witold Switon
8	8	Klaudiusz Jelonek
9	4	Maciej Florczak
10	17	Mikolaj Szymanski
11	1	Dawid Kocioll

Men's Bodybuilding - True Novice Heavyweight		
Placing	Competitor #	Name
1	24	* Karol Sokol *
2	20	Bartosz Jozwizyn
3	12	Karol Ploskonka
4	21	Radoslaw Kaptur
5	143	Pawel Ciach
6	7	Jakub Jedynak
7	23	Jan Moskor
8	13	Mateusz Roguszka

Men's Bodybuilding - Beginner		
Placing	Competitor #	Name
1	24	Karol Sokol
2	22	Kamil Madej
3	14	Jaroslav Starszak
4	19	Waldemar Rzeszewski
5	12	Karol Ploskonka
6	25	Szymon Wasiak
7	5	Antoni Godfrejow
8	6	Michal Jarosz
9	143	Pawel Ciach
10	16	Witold Switon
11	18	Patryk Walachowski
12	17	Mikolaj Szymanski
13	26	Pawel Skierski

Men's Bodybuilding - Novice		
Placing	Competitor #	Name
1	27	Wojciech Opara
2	24	Karol Sokol
3	22	Kamil Madej
4	12	Karol Ploskonka
5	14	Jaroslav Starszak
6	25	Szymon Wasiak
7	28	Maciej Platek
8	143	Pawel Ciach
9	16	Witold Switon

Men's Bodybuilding - Open Lightweight		
Placing	Competitor #	Name
1	15	Rafal Stawicki
2	10	Jakub Krawiec
3	25	Szymon Wasiak
4	16	Witold Switon
5	8	Klaudiusz Jelonek

Men's Bodybuilding - Open Welterweight		
Placing	Competitor #	Name
1	5	Antoni Godfrejow
2	6	Michal Jarosz
3	28	Maciej Platek
4	26	Pawel Skierski

Men's Bodybuilding - Open Middleweight		
Placing	Competitor #	Name
1	24	Karol Sokol
2	14	Jaroslav Starszak
3	19	Waldemar Rzeszewski
4	21	Radoslaw Kaptur
5	12	Karol Ploskonka
6	29	Damian Gotowicz
7	23	Jan Moskor

Men's Bodybuilding - Open Light Heavyweight		
Placing	Competitor #	Name
1	27	* Wojciech Opara *
2	20	Bartosz Jozwiszyn
3	11	Elias Mleczo

Men's Bodybuilding - Open Heavyweight		
Placing	Competitor #	Name
1	7	Jakub Jedynak

Women's Bikini - Teenage		
Placing	Competitor #	Name
1	30	Anastasiia Svitiashchuk

Women's Bikini - Junior		
Placing	Competitor #	Name
1	32	Lubov Dobytschina
2	37	Kamila Skupien
3	148	Hanna Grzeszek
4	30	Anastasiia Svitiashchuk
5	33	Nadia Gruszka
6	31	Kinga Bartkowiak
7	38	Kinga Stanislawska
8	34	Violetta Khromchak
9	39	Daniela Stetkova
10	35	Patrycja Krajewska
11	36	Julia Skorupka
12	144	Cieslak Pola

Women's Bikini - Masters 35+		
Placing	Competitor #	Name
1	43	Lidia Varshavska
2	146	Angelika Mroz
3	42	Wiktoria Gora
4	44	Laura Waloszczyk
5	145	Zofia Kempny
6	41	Beata Cwik

Women's Bikini - True Novice A		
Placing	Competitor #	Name
1	57	Anastasiia Samota
2	45	Dominika Antczak
3	63	Mylana Ternovska
4	61	Milena Stuleblak
5	49	Alena Hola
6	38	Kinga Stanislawska
7	53	Violleta Petrovska
8	50	Viktoriia Luzhevskia
9	36	Julia Skorupka
10	144	Cieslak Pola

Women's Bikini - True Novice B		
Placing	Competitor #	Name
1	47	* Ewelina Gasiorowska *
2	46	Justyna Brach
3	58	Mariia Shvaia
4	30	Anastasiia Svitiashchuk
5	33	Nadia Gruszka
6	59	Paulina Smolnicka
7	51	Wiktoria Mlodawska
8	42	Wiktoria Gora
9	60	Daria Soltys
10	41	Beata Cwik
11	147	Marta Jablonska

Women's Bikini - True Novice C		
Placing	Competitor #	Name
1	54	Martina Pokludova
2	32	Lubov Dobytschina
3	148	Hanna Grzeszek
4	55	Iveta Polivkova
5	31	Kinga Bartkowiak
6	52	Milena Pac
7	56	Tea Prendivoj
8	34	Violetta Khromchak
9	39	Daniela Stetkova
10	48	Aleksandra Gluchowska
11	35	Patrycja Krajewska
12	40	Iva Ukalovic
13	62	Kamila Szymanska

Women's Bikini - Beginner A		
Placing	Competitor #	Name
1	57	Anastasiia Samota
2	43	Lidia Varshavska
3	45	Dominika Antczak
4	42	Wiktoria Gora
5	51	Wiktoria Mlodawska
6	49	Alena Hola
7	61	Milena Stuleblak
8	38	Kinga Stanislawska
9	67	Anna Kuriata
10	50	Viktoriia Luzhevskia
11	36	Julia Skorupka
12	144	Cieslak Pola

Women's Bikini - Beginner B		
Placing	Competitor #	Name
1	47	* Ewelina Gasiorowska *
2	46	Justyna Brach
3	37	Kamila Skupien
4	64	Yevhenia Shytaia
5	33	Nadia Gruszka
6	148	Hanna Grzeszek
7	146	Angelika Mroz
8	31	Kinga Bartkowiak
9	52	Milena Pac
10	44	Laura Waloszczyk
11	62	Kamila Szymanska
12	39	Daniela Stetkova
13	60	Daria Soltys
14	35	Patrycja Krajewska
15	147	Marta Jablonska

Women's Bikini - Novice A		
Placing	Competitor #	Name
1	57	Anastasiia Samota
2	45	Dominika Antczak
3	49	Alena Hola
4	53	Viолeta Petrovska
5	61	Milena Stuleblak
6	36	Julia Skorupka
7	145	Zofia Kempny
8	50	Viktoriia Luzhevskа
9	144	Cieslak Pola

Women's Bikini - Novice B		
Placing	Competitor #	Name
1	47	Ewelina Gasiorowska
2	46	Justyna Brach
3	42	Wiktoria Gora
4	33	Nadia Gruszka
5	44	Laura Waloszczyk
6	147	Marta Jablonska
7	41	Beata Cwik
8	86	Daria Hordieieva

Women's Bikini - Novice C		
Placing	Competitor #	Name
1	65	* Olga Lubecka *
2	64	Yevhenia Shytaia
3	55	Iveta Polivkova
4	31	Kinga Bartkowiak
5	146	Angelika Mroz
6	52	Milena Pac
7	48	Aleksandra Gluchowska
8	66	Paulina Michailovska
9	62	Kamila Szymanska
10	35	Patrycja Krajewska

Women's Bikini - Open Class B		
Placing	Competitor #	Name
1	63	Mylana Ternovska
2	61	Milena Stuleblak
3	49	Alena Hola
4	38	Kinga Stanislawska

Women's Bikini - Open Class C		
Placing	Competitor #	Name
1	57	Anastasiia Samota
2	43	Lidia Varshavska
3	45	Dominika Antczak
4	53	Violleta Petrovska
5	67	Anna Kuriata
6	145	Zofia Kempny
7	50	Viktoriia Luzhevskia
8	144	Cieslak Pola

Women's Bikini - Open Class D		
Placing	Competitor #	Name
1	47	Ewelina Gasiorowska
2	46	Justyna Brach
3	37	Kamila Skupien
4	68	Bara Miksanikova
5	30	Anastasiia Svitiashchuk
6	58	Mariia Shvaia
7	51	Wiktoria Mlodawska
8	42	Wiktoria Gora
9	44	Laura Waloszczyk
10	41	Beata Cwik
11	86	Daria Hordieieva

Women's Bikini - Open Class E		
Placing	Competitor #	Name
1	54	* Martina Pokludova *
2	65	Olga Lubecka
3	32	Lubov Dobytschina
4	59	Paulina Smolnicka
5	33	Nadia Gruszka
6	52	Milena Pac
7	60	Daria Soltys
8	34	Violetta Khromchak
9	70	Mariola Mazgaj

Women's Bikini - Open Class F		
Placing	Competitor #	Name
1	71	Marta Wawrzeńiuk
2	64	Yevhenia Shytaia
3	72	Kamila Zawadzka
4	48	Aleksandra Gluchowska
5	62	Kamila Szymanska
6	66	Paulina Michailovska
7	69	Agnieszka Lapacz-Sztyk
8	35	Patrycja Krajewska

Women's Fit Model - Junior		
Placing	Competitor #	Name
1	73	Karolina Kucerova

Women's Fit Model - Masters 35+		
Placing	Competitor #	Name
1	74	Joanna Milczak

Women's Fit Model - True Novice		
Placing	Competitor #	Name
1	75	Patrycja Starzynska
2	74	Joanna Milczak
3	76	Sylwia Walczak
4	73	Karolina Kucerova

Women's Fit Model - Beginner		
Placing	Competitor #	Name
1	75	Patrycja Starzynska
2	74	Joanna Milczak
3	76	Sylvia Walczak

Women's Fit Model - Novice		
Placing	Competitor #	Name
1	75	Patrycja Starzynska
2	74	Joanna Milczak
3	76	Sylvia Walczak

Women's Fit Model - Open		
Placing	Competitor #	Name
1	77	Anzhela Proniuk
2	75	Patrycja Starzynska
3	74	Joanna Milczak
4	76	Sylvia Walczak

Women's Wellness - Junior		
Placing	Competitor #	Name
1	37	Kamila Skupien
2	78	Nina Cyganek

Women's Wellness - True Novice		
Placing	Competitor #	Name
1	82	Ruslana Nikiforova
2	80	Lucie Borkova
3	78	Nina Cyganek
4	79	Anna Blaszkiewicz
5	81	Michaela Cenkova

Women's Wellness - Beginner		
Placing	Competitor #	Name
1	82	Ruslana Nikiforova
2	37	Kamila Skupien
3	78	Nina Cyganek

Women's Wellness - Novice		
Placing	Competitor #	Name
1	82	Ruslana Nikiforova
2	80	Lucie Borkova
3	78	Nina Cyganek
4	81	Michaela Cenkova

Women's Wellness - Open		
Placing	Competitor #	Name
1	82	Ruslana Nikiforova
2	80	Lucie Borkova
3	37	Kamila Skupien
4	78	Nina Cyganek
5	79	Anna Blaszkiewicz
6	81	Michaela Cenkova

Women's Figure - Junior		
Placing	Competitor #	Name
1	83	Ewelina Malinowska

Women's Figure - True Novice		
Placing	Competitor #	Name
1	83	Ewelina Malinowska
2	84	Eliza Koba

Women's Figure - Beginner		
Placing	Competitor #	Name
1	83	Ewelina Malinowska

Women's Figure - Open		
Placing	Competitor #	Name
1	83	Ewelina Malinowska
2	84	Eliza Koba

Women's Physique - Masters 35+		
Placing	Competitor #	Name
1	85	Suncana Smokvina Hanza

Women's Physique - Novice		
Placing	Competitor #	Name
1	85	Suncana Smokvina Hanza

Men's Physique - Teenage		
Placing	Competitor #	Name
1	89	Kacper Puchalski
2	90	Kacper Raban
3	88	Wiktor Jasinski
4	87	Bartosz Chwaliszewski

Men's Physique - Junior		
Placing	Competitor #	Name
1	89	Kacper Puchalski
2	98	Jakub Liguizinski
3	101	Mikolaj Wojtaszek
4	91	Mohammed Gamra
5	94	Milosz Karpik
6	95	Brajan Kuczob
7	102	Kacper Wozniok
8	93	Milosz Jarek
9	99	Maksym Tarasiuk
10	92	Wojtek Golinski
11	97	Arnas Levinskas
12	4	Maciej Florczak
13	87	Bartosz Chwaliszewski
14	96	Jedrzej Lesniewicz
15	103	Brajan Wysocki

Men's Physique - Masters 35+		
Placing	Competitor #	Name
1	104	Slawomir Gorski
2	105	Piotr Radzimowski
3	142	Lukasz Samolyk

Men's Physique - True Novice A		
Placing	Competitor #	Name
1	89	Kacper Puchalski
2	119	Adam Silbrnik
3	91	Mohammed Gamra
4	121	Rafal Zon
5	95	Brajan Kuczob
6	112	Konrad Jankowski

Men's Physique - True Novice B		
Placing	Competitor #	Name
1	110	* Krzysztof Galysa *
2	101	Mikolaj Wojtaszek
3	108	Jakub Dacyk
4	118	Przemyslaw Ruta
5	93	Milosz Jarek
6	97	Arnas Levinskas
7	4	Maciej Florczak
8	105	Piotr Radzimowski
9	114	Karol Lada

Men's Physique - True Novice C		
Placing	Competitor #	Name
1	107	Pawel Brozda
2	120	Piotr Stroz
3	113	Patryk Krzeminski
4	116	Krzysztof Poleszak
5	106	Mateusz Bala
6	87	Bartosz Chwaliszewski
7	102	Kacper Wozniok
8	115	Jan Olejnik
9	109	Blazej Galica
10	96	Jedrzej Lesniewicz
11	103	Brajan Wysocki
12	111	Oleksii Hoida
13	117	Lukasz Rabczak

Men's Physique - Beginner A		
Placing	Competitor #	Name
1	122	* Jakub Golczyk *
2	123	Yiheng He
3	110	Krzysztof Galysa
4	119	Adam Silbrnik
5	98	Jakub Liguizinski
6	108	Jakub Dacyk
7	104	Slawomir Gorski
8	91	Mohammed Gamra
9	118	Przemyslaw Ruta
10	94	Milosz Karpik
11	95	Brajan Kuczob
12	121	Rafal Zon

Men's Physique - Beginner B		
Placing	Competitor #	Name
1	120	Piotr Stroz
2	113	Patryk Krzeminski
3	116	Krzysztof Poleszak
4	106	Mateusz Bala
5	87	Bartosz Chwaliszewski
6	102	Kacper Wozniok
7	115	Jan Olejnik
8	124	Mateusz Pietrzyk
9	112	Konrad Jankowski
10	111	Oleksii Hoida
11	103	Brajan Wysocki

Men's Physique - Novice A		
Placing	Competitor #	Name
1	122	Jakub Golczyk
2	123	Yiheng He
3	110	Krzysztof Galysa
4	119	Adam Silbrnik
5	98	Jakub Liguizinski
6	108	Jakub Dacyk
7	104	Slawomir Gorski
8	91	Mohammed Gamra
9	118	Przemyslaw Ruta
10	94	Milosz Karpik
11	121	Rafal Zon
12	112	Konrad Jankowski

Men's Physique - Novice B		
Placing	Competitor #	Name
1	27	* Wojciech Opara *
2	113	Patryk Krzeminski
3	116	Krzysztof Poleszak
4	107	Pawel Brozda
5	87	Bartosz Chwaliszewski
6	103	Brajan Wysocki
7	99	Maksym Tarasiuk
8	115	Jan Olejnik
9	124	Mateusz Pietrzyk

Men's Physique - Open Class B		
Placing	Competitor #	Name
1	122	Jakub Golczyk
2	119	Adam Silbrnik
3	91	Mohammed Gamra
4	95	Brajan Kuczob
5	94	Milosz Karpik
6	90	Kacper Raban

Men's Physique - Open Class C		
Placing	Competitor #	Name
1	123	Yiheng He
2	110	Krzysztof Galysa
3	108	Jakub Dacyk
4	121	Rafal Zon

Men's Physique - Open Class D		
Placing	Competitor #	Name
1	27	* Wojciech Opara *
2	107	Pawel Brozda
3	120	Piotr Stroz
4	113	Patryk Krzeminski
5	116	Krzysztof Poleszak
6	98	Jakub Liquidzinski
7	106	Mateusz Bala
8	102	Kacper Wozniok
9	97	Arnas Levinskas
10	96	Jedrzej Lesniewicz
11	124	Mateusz Pietrzyk
12	104	Slawomir Gorski
13	87	Bartosz Chwaliszewski
14	99	Maksym Tarasiuk
15	103	Brajan Wysocki
16	109	Blazej Galica
16	115	Jan Olejnik

Men's Classic Physique - Teenage		
Placing	Competitor #	Name
1	88	Wiktoria Jasinski
2	125	Bartosz Krasowski
3	1	Dawid Kocioll
4	3	Fabian Ramotowski

Men's Classic Physique - Junior		
Placing	Competitor #	Name
1	14	Jaroslav Starszak
2	131	Kuba Sowa
3	5	Antoni Godfrejow
4	129	Ricardo Schuster
5	132	Mateusz Suszynski
6	15	Rafal Stawicki
7	7	Jakub Jedynak
8	10	Jakub Krawiec
9	4	Maciej Florczak
10	128	Dawid Jozwiak
11	6	Michal Jarosz
12	133	Krzysztof Wladek
13	127	Konrad Dudek
14	8	Klaudiusz Jelonek
15	16	Witold Switon
16	17	Mikolaj Szymanski
16	18	Patryk Walachowski
16	100	Omar-Laye Thiaw
16	126	Justas Arlauskas
16	130	Damian Sciezka

Men's Classic Physique - Masters 35+		
Placing	Competitor #	Name
1	19	Waldemar Rzeszewski
2	134	Jaroslav Malak

Men's Classic Physique - True Novice A		
Placing	Competitor #	Name
1	24	* Karol Sokol *
2	5	Antoni Godfrejow
3	128	Dawid Jozwiak
4	138	Pablo Julian Quijano Torrado
5	25	Szymon Wasiak
6	134	Jaroslaw Malak
7	6	Michal Jarosz
8	127	Konrad Dudek
9	8	Klaudiusz Jelonek
10	16	Witold Switon
11	18	Patryk Walachowski
12	130	Damian Sciezka
13	17	Mikolaj Szymanski

Men's Classic Physique - True Novice B		
Placing	Competitor #	Name
1	20	Bartosz Jozwizyn
2	137	Michal Matejuk
3	131	Kuba Sowa
4	21	Radoslaw Kaptur
5	129	Ricardo Schuster
6	136	Thomas Lepiarz
7	7	Jakub Jedynak
8	135	Szymon Kesten
9	4	Maciej Florczak
10	133	Krzysztof Wladek
11	3	Fabian Ramotowski
12	113	Patryk Krzeminski
13	100	Omar-Laye Thiaw

Men's Classic Physique - Beginner		
Placing	Competitor #	Name
1	24	Karol Sokol
2	14	Jaroslav Starszak
3	19	Waldemar Rzeszewski
4	131	Kuba Sowa
5	5	Antoni Godfrejow
6	140	Sixten Strom
7	136	Thomas Lepiarz
8	10	Jakub Krawiec
9	135	Szymon Kesten
10	134	Jaroslav Malak
11	113	Patryk Krzeminski
12	133	Krzysztof Wladek
13	16	Witold Switon
14	6	Michal Jarosz
15	18	Patryk Walachowski
16	3	Fabian Ramotowski
16	17	Mikolaj Szymanski

Men's Classic Physique - Novice		
Placing	Competitor #	Name
1	27	Wojciech Opara
2	24	Karol Sokol
3	141	Piotr Sieminski
4	135	Szymon Kesten
5	10	Jakub Krawiec
6	138	Pablo Julian Quijano Torrado
7	16	Witold Switon
8	130	Damian Sciezka
9	133	Krzysztof Wladek

Men's Classic Physique - Open Class A		
Placing	Competitor #	Name
1	10	Jakub Krawiec
2	16	Witold Switon

Men's Classic Physique - Open Class B		
Placing	Competitor #	Name
1	24	Karol Sokol
2	14	Jaroslav Starszak
3	5	Antoni Godfrejow
4	15	Rafal Stawicki
5	140	Sixten Strom
6	125	Bartosz Krasowski
7	8	Klaudiusz Jelonek
8	6	Michal Jarosz
9	127	Konrad Dudek
10	128	Dawid Jozwiak

Men's Classic Physique - Open Class C		
Placing	Competitor #	Name
1	20	Bartosz Jozwiszyn
2	19	Waldemar Rzeszewski
3	7	Jakub Jedynak
4	29	Damian Gotowicz
5	132	Mateusz Suszynski
6	133	Krzysztof Wladek

Men's Classic Physique - Open Class D		
Placing	Competitor #	Name
1	27	* Wojciech Opara *
2	141	Piotr Sieminski
3	137	Michal Matejuk
4	21	Radoslaw Kaptur